



Treatments Used In Ichthyosis

Moisturisers

Product	Largest Size Available	Manufacturer
Alcoderm Cream	60g	Galderma
Alcoderm Lotion	200ml	Galderma
Aqueous Cream	500g	Proprietary
Aveeno Cream	100ml	Bioglan
Cetraben	500g	Pharma Healthcare
Decubal Clinic	50g	Alpharma
Dermol (Antiseptic) Lotion	500ml	Dermal
Dermamist (Spray)*	250ml	Yamanouchi
Dexeryl	250g	Pierre Fabre
Diprobase Cream	500g	Schering-Plough
Diprobase Ointment	50g	Schering-Plough
Doublebase	500ml	Dermal
E45 Cream	500g	Crookes Healthcare
Epaderm	500g	SSL
Keri Lotion	380ml	Westwood
Lipobase Cream	50g	Yamanouchi
Neutrogena Dermatological Cream	100g	Johnson & Johnson
Oilatum Cream	500ml	Stiefel
Oily cream (Hydrous Ointment)	500g	Proprietary
Ultrabase Cream	500g	Schering Healthcare
Unguentum Merck Cream	500g	Crookes Healthcare
Vaseline Dermacare Cream	150ml	Elida Faberge
White Soft Paraffin/ Liquid Paraffin (50/50)	500g	Proprietary



Bath Oils

Product	Largest Size Available	Manufacturer
Alpha Keri	480ml	Westwood
Aveeno Bath Emollient	250ml	Bioglan
Aveeno Collodial	Sachets only	Bioglan
Balneum Bath Oil	500ml	Hermal
Balneum Plus Bath Oil	500ml	Hermal
Dermol	500ml	Dermal
Dermol 500	500ml	Dermal
Dermol 600	500ml	Dermal
Diprobath	500ml	Schering-Plough
E45 Bath Oil	500ml	Crookes Healthcare
Emulsiderm	1L	Dermal
Hydromol	1L	Adams
Imuderm*	250ml	Goldshield Healthcare
Infaderm	250ml	Ceuta
Oilatum	500ml	Stiefel
Oilatum Plus	500ml	Stiefel
Oilatum Fragrance Free	500ml	Stiefel

Creams and Lotions with Urea

Product	Largest Size Available	Manufacturer
Aquadrate	100g	Proctor & Gamble
Balneum Plus Cream	100g	Hermal
Calmurid Cream	500g	Galderma
Eucerin Cream 5%	200ml	Beiersdorf
Eucerin Cream 10%	150ml	Beiersdorf
Eucerin Lotion 3%	250ml	Beiersdorf
Eucerin Lotion 10%	250ml	Beiersdorf
Nutraplus	100g	Galderma

Creams and Lotions with Lactic Acid

Product	Largest Size Available	Manufacturer
Calmurid Cream	500g	Galderma

Scalp Treatments

Product	Largest Size Available	Manufacturer
Alphosyl	250ml	Stafford-Miller
Capasal	250ml	Dermal
Cocois*	100g	Celltech
Dermax*	250ml	Dermal
Nizoral Shampoo	120ml	Janssen-Cilag
Olive Oil	Readily available	
Polytar Liquid*	500ml	Stiefel
Polytar Plus*	500ml	Stiefel
Polytar AF*	150ml	Stiefel
Salicylic acid preparations	Consult your doctor	
T-gel Shampoo	250ml	Johnson & Johnson

How Greasy are the Products?

Very Greasy	Greasy	Less Greasy	Mild
White Soft Paraffin/ Liquid Paraffin (50/50)	Ungeuntum Merck Cream	Aveeno Cream Dermol Lotion	Aqueous Cream
Hydrous Ointment	Neutrogena	Diprobath Cream	
Diprobath Ointment	Dermatological Cream	E45 Cream Ultrabase Cream	
Dermamist Spray*	Oilatum Cream	Lipobase Cream	
Epaderm	Hydromol Cream Vaseline Dermacare Cream	Cetaban Alcoderm Cream/lotion Doublebase	

*Please note the products denoted with a * contain nut oil/s.*

Sunscreens

Always use a high factor sunscreen product e.g. 25,25, 50. Those formulated for children and for sensitive skin are more suited for more 'fragile' skin. You should always patch test a product – ask the chemist if they have any samples you could try before purchasing a sunscreen product. A small number of the companies listed in this leaflet produce sunscreen products. Some brands are available on prescription e.g. E45 or Uvistat.

N.B. THIS INFORMATION IS FOR ADVICE ONLY, PLEASE CONSULT YOUR DOCTOR BEFORE ALTERING ANY TREATMENTS.