True Blue Hand

Written and Illustrated by Ainsley Kyder-Gould
Acknowledgements

For my most precious M and H and in gratitude of them
Thank you always to my Love and my beautiful Mother

For everyone with Blue Hands may kindness always prevail

xxx
This Book Belongs to...

❤️ a perfectly unique you ❤️
There was once a little girl named True. True was like any other little girl. She loved painting and drawing, playing and laughing with friends.
True just so happened to be born with a blue hand.

True accepted her hand as anyone would accept their own hand.
True learned other hands were not like her blue hand. It didn’t bother her so much, as she knew in her heart that her hand was actually the most boring thing about her.
Unfortunately True’s blue hand did cause a lot of attention. People could be kind or unkind. The unkindness upset True.
True didn’t understand why she had to explain her most boring part over, and over and over again. After all it was just a blue hand, very familiar and normal to her.

What is that? Ewww!

Don’t touch me with that!

What’s wrong with you?

Can I catch it?
One day True went to the park.

As she was running over to the slide, she could see a boy running towards the slide as well. They arrived together. He gazed puzzled at her blue hand. Once again, a conversation about True’s hand was going to take place.

“Oh dear” worried True. “I just want to go on the slide”.
The little boy’s name was Tom. Tom did ask questions, but they were polite and curious. This felt fine. This was going to be one of those kind conversations.
Hello. I am Tom.

Hello. I am True.
Is that a blue hand?

Yes, it is.
Could you tell me why it is blue?

I don’t know really…I was born this way.
Does it hurt?

Sometimes. We put special cream on it everyday and it makes it feel better.
I have never seen a blue hand before.

My Mummy says that I am perfectly unique. But the truth is I am just like you with a bit of... blue.
Do you like slides?

Yes! I love them!
And then True and Tom went on the slides again and again and again.

Just like children do.
Dear Parents

This experience is someone's everyday dialogue. We hope this book inspires. Let’s raise our children to be kind to uniqueness and “get on” with “getting on”.

About the Author

Ainsley is the mother of two perfectly unique children. One of her children has a rare condition. She can’t fix the condition but believes she can change the world to be more kind in dealing with uniqueness.

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