

Treatments Used In Ichthyosis

Moisturisers	Largest Product Size Available	Manufacturer
Alcoderm Cream	60g	Galderma
Alcoderm Lotion	200ml	Galderma
Aqueous Cream	500g	Proprietary
Aveeno Cream	100ml	Bioglan
Cetraben	500g	Pharma Healthcare
Decubal Clinic	50g	Alpharma
Dermol (Antiseptic) Lotion	500ml	Dermal
Dermamist (Spray)*	250ml	Yamanouchi
Dexeryl	250g	Pierre Fabre
Diprobace Cream	500g	Schering-Plough
Diprobace Ointment	50g	Schering-Plough
Doublebase	500ml	Dermal
E45 Cream	500g	Crookes Healthcare
Epaderm	500g	Molnlycke
Keri Lotion	380ml	Westwood
Lipobase Cream	50g	Yamanouchi
Neutrogena Dermatological Cream	100g	Johnson & Johnson
Oilatum Cream	500ml	Stiefel, a GSK company
Oily cream (Hydrous Ointment)	500g	Proprietary
Ultrabase Cream	500g	Schering Healthcare
Unguentum Merck Cream	500g	Crookes Healthcare
Vaseline Dermacare Cream	150ml	Elida Faberge
White Soft Paraffin/ Liquid Paraffin (50/50)	500g	Proprietary
Bath Oils	Largest Product Size Available	Manufacturer
Alpha Keri	480ml	Westwood
Aveeno Bath Emollient	250ml	Johnson and Johnson
Aveeno Collodial	Sachets	Johnson and Johnson
Balneum Bath Oil	500ml	Almirall
Balneum Plus Bath Oil	500ml	Almirall
Dermol	500ml	Dermal
Dermol 500	500ml	Dermal
Dermol 600	600ml	Dermal
Diprobath	500ml	Schering-Plough
E45 Bath Oil	500ml	Crookes Healthcare
Emulsiderm	1L	Dermal
Hydromol	1L	Alliance
Imuderm*	250ml	Goldshield Healthcare

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Bath Oils

Infaderm
Oilatum
Oilatum Plus
Oilatum Fragrance Free

Largest Product Size Available

250ml
500ml
500ml
500ml

Manufacturer

Ceuta
Stiefel, a GSK company
Stiefel, a GSK company
Stiefel, a GSK company

Creams and Lotions with Urea

Aquadrate
Balneum Plus Cream
Calmurid Cream
Eucerin Cream 5%
Eucerin Cream 10%
Eucerin Lotion 3%
Eucerin Lotion 10%
Nutraplus

Largest Product Size Available

100g
100g
500g
200ml
150ml
250ml
250ml
100g

Manufacturer

Proctor & Gamble
Almirall
Galderma
Beiersdorf
Beiersdorf
Beiersdorf
Beiersdorf
Galderma

Creams

and Lotions with Lactic Acid

Calmurid Cream

Largest Product Size Available

500g

Manufacturer

Galderma

Scalp Treatments

Alphosyl
Capasal
Cocois*
Dermax*
Nizoral Shampoo
Olive Oil
Polytar Liquid*
Polytar Plus*
Polytar AF*
Salicylic acid preparations
T-gel Shampoo

Largest Product Size Available

250ml
250ml
100g
250ml
120ml
Readily available
500ml
500ml
150ml
250ml

Manufacturer

Stafford-Miller
Dermal
Celltech
Dermal
Janssen-Cilag

Stiefel, a GSK company
Stiefel, a GSK company
Stiefel, a GSK company
Consult your doctor
Johnson & Johnson

How Greasy are the Products?

Very Greasy

White Soft Paraffin/
Liquid Paraffin (50/50)
Hydrous Ointment
Diprobace Ointment
Dermamist Spray*
Epaderm

Greasy

Ungeuntum
Merck Cream
Neutrogena
Dermatological
Cream
Oilatum Cream
Hydromol cream
Vaseline
Dermacare
Cream

Less Greasy

Aveeno Cream
Dermol Lotion
Diprobace Cream
E45 Cream
Ultrabase Cream
Lipobase Cream
Cetraben Cream
Alcoderm Cream/lotion
Doublebase

Mild

Aqueous Cream

Please note the products denoted with a * contain nut oil/s.

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People who care about ichthyosis

Sunscreens

Always use a high factor sunscreen product e.g. 25,25, 50. Those formulated for children and for sensitive skin are more suited for more 'fragile' skin. You should always patch test a product – ask the chemist if they have any samples you could try before purchasing a sunscreen product. A small number of the companies listed in this leaflet produce sunscreen products. Some brands are available on prescription e.g. E45 or Uvistat.

As with any products, moisturisers, bath oils etc are discontinued and new products manufactured constantly and this list is not an exhaustive list of all the products used in the treatment of ichthyosis. Product licences change resulting in different companies manufacturing and/or distributing products. Please ask your pharmacist about the range of products available.

This information is for advice only, please consult your doctor before altering any treatments.

Contact the Ichthyosis Support Group for information, advice, details on useful products, and to be connected with other people to share experiences and helpful advice.

To find out more about the ISG or become a member please get in touch in one of the following ways:

By Phone or Fax: Tel: **0845 602 9202** Fax: **0560 343 8046** (on request)

By Email: isg@ichthyosis.org.uk

By Post: Ichthyosis Support Group, PO Box 1242, Yateley GU47 7FL

Facebook: [facebook.com/ichthyosissupportgroup](https://www.facebook.com/ichthyosissupportgroup)

Twitter: twitter.com/ISG_Charity